**Physical Education Syllabus**           Mr. Luongo

Welcome parents and students. Here are some details that you and your child should know about Physical Education Class:

**Grading:** Students will have a total of 100 points that can be earned each quarter. The points

will be spread out among these five categories:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Participation and effort**  25% | **Cooperation**  20% | **skill development**  25% | **PE assignments**  10% | **Sportsmanship**  20% |

**Student Expectations:**

* Wear the proper PE uniform **( good athletic shoes are a must! Girls must not wear sandals, heeled shoes or any other kind of shoe that will not allow them to fully participate.**
* Be positive
* Always do your best
* Listen carefully to all instructions

**PE Rules:**

* **Be safe**: be careful and considerate of others and your surroundings
* Always do your best
* Respect others and the equipment
* Cooperate,listen and follow directions

**Policies:**

Absence- Be at school. **You miss school you miss out.** Excessive absences will result in a lower grade

Medical- Modified activities are available to those with significant medical conditions.  Student may bring a note signed by parent if they are not able to participate.  If injury or condition lasts longer than two class periods a doctor’s note will be needed.

**Please fill out the medical history form and have your child return in to me ASAP**

I am looking forward to working with the students.  This year will be full of fun and exciting challenges in which students will learn from. If you have any questions or concerns, feel free to email me at anthonyluongo@OLMC.school or call me at 619-452-9259.  Thanks for all of your support.